



# THE 10-MINUTE END-OF-COOKING RESET



- ☐ Return every tool, spice, and ingredient to its assigned zone so the next cooking session starts without searching.

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- ☐ Load or wash used dishes immediately instead of leaving them to create clutter around the sink and prep areas.

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- ☐ Wipe the stove, counters, and main prep surface while spills and food residue are still easy to remove.

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- ☐ Clear the landing zone and put away groceries, mail, containers, or anything that does not belong on the counter.

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- ☐ Finish by checking the main work triangle so the sink, stove, and fridge paths are open and ready for next time.

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